

# Nutrition. Empowerment. Stability.

Nevada HAND Senior Choice Food Pantries are an essential part of Resident Services.

## Why it Matters:

- **Health & Wellness:** Quality nutrition is essential to seniors' well-being, reducing medical issues and enhancing quality of life.
- **Economic Stability:** Many low-income seniors – even those living in stable affordable housing with Nevada HAND – face the difficult choice between affording regular, healthy meals and other necessities.

## Pantry Program Impact:

- **7,000+ Pantry Visits in 2023:** Demonstrating the critical role of our pantries for our residents.
- **Each pantry visit saves approximately \$120 in groceries, or about the cost of 30 meals, per resident.** Average monthly total household income for low-income senior residents is \$1,750.

## How Your Support of the Pantry Program Makes a Difference:

Fund a month of pantry access for low-income seniors. A month of supplemental food from the pantry saves a resident about \$120 in grocery costs.

Your donation supports one month of supplemental food for:

- \$40 = 1 resident
- \$2,500 = 63 residents
- \$5,000 = 125 residents
- \$10,000 = 250 residents

Make an even bigger impact:

- \$25,000 = fund the entire pantry program for one month
- \$45,000 = fund a single community's pantry for a full year
- \$300,000 = fund the entire pantry program for one year



## A Personal Approach:

- **Accessible Nutrition:** Imagine a mini-grocery store just steps from your front door. Pantries located within Nevada HAND communities ensure easy, equitable access.
- **Choice & Dignity:** Caring, dedicated staff members help residents choose from fresh, frozen, and pantry staples, tailoring their groceries to their dietary needs.



## Be part of the solution.

Every donation to the 2024 Block Party will support the pantry program and help put healthy food on low-income senior residents' tables.



NEVADA HAND  
**BLOCK PARTY**